Beavers Lockdown Spring term 2021
Stockbridge Week 4 Emergency Aid,

Emergency Aid

This week your challenge is to learn how to give the right first aid to someone who is hurt.

I've attached a link to Green box who have made a video for Beaver age children.

Please watch up to 20.30 when they talk about CPR (Beavers don't need to learn CPR) please skip from 20.30 until 22.36 – Please don't practice on brothers and sisters or someone (or pet) who is alive – parents for this reason PLEASE cut out this chunk of the video. We teach CPR to Cubs using a manikin.

The video is ~ 45 mins in length and you may want to break this up into sections so they can do the questionnaire as they go

The video link is

https://www.youtube.com/watch?v=2V-O_EEQ25s&t=957

The Questionnaire link is

https://www.greenboxfirstaidtraining.co.uk/wp-content/uploads/2020/12/76c16d_34926b48049a4ea7839e9ee4cd1e5840.pdf

When we meet we will recap the scenarios covered in the video

You will hopefully know

1 Who is the most important person?
2 Danger detective – what might hurt you?
Are you safe?
3 Always call for help - if someone is about they will help you
SHOUT for HELP
An adult can help you – BUT SO CAN YOUR FRIENDS – they can go and find an adult
- They may know first aid or they can dial 999

4 Ring the Emergency services
Dial 999 or 112 & answer their questions –
They will help you – they will be kind and explain what you can do – listen to them
Know your home phone number and address & postcode – you can & MUST tell them this
You MUST give emergency services this bit of your personal information
Parents please show your Beaver how to use your phone

5 Someone is unconscious
-Do you ring for help ?
- Leave them and go to play ?
- Do you check they are breathing ? – watch their chest or tummy move –
Ask Mummy/ Daddy to lay on the floor & watch their chest & tummy move
or look at the dog or cat when they are sleeping, that's the movement you are looking for.
- Put them in the recovery position?

6 Someone is bleeding – they have cut their finger – and there is a tiny drop of blood
-do you ring 999?

- clean the cut in clean water – tap water -dry their finger and put an clean plaster on it
- their face goes very grey and they go wobbly so you let them fall down, & bang their head
- their face goes very grey and they are wobbly, so you sit them down & then lay them down with their feet on a rucksac

7 Someone has cut their arm on some glass and blood is dripping quickly down their arm

- do you ring 999 ?
- Shout loudly for help?
- do you cover it with lots of plasters ?
- do you sit them down?
- do you look at the wound and check for glass ?
- do you look at the wound and pull out the glass?
- do you put some pressure on it using GLOVED hands?
- do you cover it with a clean teatowel, or scarf and tie it into place – top & bottom ?
- do you cover it with a clean teatowel or scarf and leave it flapping top & bottom?
- do you raise their arm above their heart ?
- do you ask them to go to hospital by car – find an adult to help

8 The blood has come through your 1st bandage, do you:-

-Take off the blood soaked bandage and put a fresh one on?
-Leave the old bandage in place and wrap another bandage over the top?
-Don't worry when the blood comes through the second bandage – it'll be alright
- The blood has come through the 2nd bandage, you must get them to hospital – ring 999

9 You have banged your arm on the door as it closed

-Do you ring 999
- Do you sit down (if you can) &
- Do you put your arm under the cold tap for 5-10 mins
-Do you put your arm under the hot tap for 5-10 mins
- Do you call for help

10 You have just come across a friend who has fallen off their bike, they are laying on the floor and their legs are badly grazed, their Dad is ringing for help.

- Do you stop & say hi and then run home for tea
- Do you stop and move their legs to make them look normal
- Do you stop and sit beside them holding their unhurt hand.
- Do you stop, hold their unhurt hand and gently tell them they will be alright. Reassure them
- Do you stop, hold their unhurt hand and laugh and joke loudly with them